



# CLASS SCHEDULE

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 AM		All Levels Reformer Kathy		Barre Jessica			
7:00 AM		All Levels Reformer Kathy		All Levels Reformer Kathy			
8:00 AM					All Levels Reformer Kathy		
8:15 AM						TRX Circuit Christina	
9:00 AM	Tower/Chair Roger	All Levels Reformer Jeffy	All Levels Reformer Kathy	Tower/Chair Kathy	Pilates Fitness Kathy	All Levels Reformer Kathy	Barre Jessica
10:00 AM				Tower/Chair Kathy		All Levels Reformer Kathy	
10:15 AM					Barre Jeffy		
10:30 AM	Beginner Reformer Roger		Beginner Reformer Roger				
11:30 AM		All Levels Reformer Kirby		All Levels Reformer Kathy			
12:30 PM	All Levels Reformer Kirby		All Levels Reformer Roger				
4:00 PM	All Levels Reformer Kathy		All Levels Reformer Roger				
4:30 PM	Barre Kathy	All Levels Reformer Kirby		All Levels Reformer Kirby			
5:30 PM	TRX Circuit Christina	All Levels Reformer Kirby		All Levels Reformer Kirby			
6:00 PM			Barre Jessica				

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 1455 E. Main St. Suite 200, Ventura